



PUBH 3120: Family & Community Health, Spring 2017

Course Description

This course is designed to help you gain a broad understanding of family and community health. Through this course, you will gain an understanding of the history of public health systems, understand the basic science (epidemiology) that underlies public health, understand the role of public health in health care, gain insight into the roles of public health in the prevention of specific diseases and behaviors, and understand how community health is monitored. The knowledge you obtain in this course can be applied to other courses, your career, and your daily life.

Course Objectives

In this course, you will:

- gain **factual knowledge** (terminology, classifications, methods, and trends)
- learn **fundamental principles** (general mechanisms and theories)
- **develop specific skills, competencies, and points of view needed by public health professionals**

Course Instructor: Dr. Jessica Habashi

Contact information: Use the Canvas inbox (allow 24 h for a response; expect delays on weekends/holidays).

Office location/office hours:

- Room 171B, Milton P. Miller Bldg. (195 W. 1100 S., Brigham City); Tuesdays, 7:00–7:45 PM and by appointment

Class meetings

- Tues & Thurs, 12:00-1:15 PM (USU-Logan: DE109; USU-Brigham City: D117; USU Eastern-Blanding: BLT 145 NA; Salt Lake Center: 503)

Required materials

1. “An Introduction to Community Health: Brief Edition” by McKenzie and Pinger. 2014. Jones and Bartlett Learning. (ISBN 978-1-284-02689-4)*

2. Additional assigned readings (All articles will be posted on Canvas.)

*To purchase the text from the USU Campus Store, go to “<http://campusstore.usu.edu/>” or call 800-662-3950.

General Course Requirements

You are expected to attend all lectures, and to read the material to be covered in lecture prior to coming to class. This course requires active participation in class. This is a challenging course with a lot of interesting material to cover. Much time and effort is required to learn the subject. **At least 1 hour of study per day outside of class time is recommended.** Read the syllabus thoroughly and discuss any points of confusion with your instructor. Adjustments may be made to the class schedule as the semester progresses; however, the dates of the exams will not change. Any alterations to the syllabus will be posted on Canvas.

Grading

Your grade will be based on the following assessments. All scores in the grade book (except the final exam) will be considered finalized on Friday, 4/28/17, at 5:00 PM. No special projects will be offered to improve your grade.

Evaluation method	# of points possible
Assignments and Participation Points	100
Lecture Exams	200
Final Exam	200
TOTAL	500

Assignments and Participation Points

During the semester, you will complete a number of in-class assignments and writing assignments outside of class. Together, these assignments will be worth 100 points. In-class assignments cannot be made up; therefore, it is important that you attend each class meeting. All other assignments will be posted on Canvas under the "Assignments" link. No late assignments will be accepted.

Lecture Exams

There will be 2 lecture exams, worth 100 points each, given on the dates listed in the schedule. Exams will be composed of multiple choice, true/false, matching, and/or short answer questions. You will take each exam at a USU testing center. It is your responsibility to make your own testing center appointments, and picture ID will be required for each exam. Do not make a testing center appointment during lecture time. Exam questions will be formulated based on the lecture notes/slides, text chapters, class discussions/demonstrations/assessments, handouts, videos, articles, and other materials distributed in class or posted on Canvas. You may bring a pen/pencil and basic calculator to each exam.

- You will have 1 full week after each lecture exam to contest your score. **Submit all questions via the Canvas inbox to Dr. Habashi.** After the week is up, no score adjustments will be considered.
- **You are invited to meet with me any time before 5:00 PM on 4/26/17 to view your exams.**

Final Exam

A comprehensive final exam worth 200 points will be given during a two-day window, from Monday, 5/1/17, to Tuesday, 5/2/17. You will take the final at a USU testing center. You will need to make your own testing center appointment, and photo ID will be required. The format will be the same as for the lecture exams. **There is no make-up for the final. The exam may not be taken early, except in exceptional circumstances and with prior instructor approval.**

Grading scale (grades are not rounded):

Percentage	Grade
93-100%	A
90-92%	A-
87-89%	B+
83-86%	B
80-82%	B-
77-79%	C+
73-76%	C
70-72%	C-
67-69%	D+
60-66%	D
59% and below	F

Classroom Policies and USU Student Information

Unacceptable Classroom Behavior:

Behavior that disrupts the learning/teaching environment will be discouraged. If you engage in disruptive behavior, you will automatically lose participation points, and you may be asked to leave the room (and possibly the course) so that other students can benefit from the limited amount of class time available. The course facilitators will report disruptive behavior to the instructor.

1. Once class has started, **all cell phones must be put away (not on your desk, in your hand, or on your lap).** No outside conversations are permitted. Use of laptop computers is permitted only for purposes related to the class.
2. Only students registered for the course are allowed to attend class sessions. Children, spouses, friends, etc. of students will not be permitted in the classroom during class.

For a full description of USU's policy on classroom incivility, see <http://www.usu.edu/policies/pdf/Classroom-Incivility.pdf>.

Withdrawal Policy and "I" Grade Policy:

Students are required to complete all courses for which they are registered by the end of the semester. In some cases, a student may be unable to complete all of the coursework because of extenuating circumstances, but not due to poor performance or to retain financial aid. The term 'extenuating' circumstances includes: (1) incapacitating illness which prevents a student from attending classes for a minimum period of two weeks, (2) a death in the immediate family, (3) financial responsibilities requiring a student to alter a work schedule to secure employment, (4) change in work schedule as required by an employer, or (5) other emergencies deemed appropriate by the instructor.

Student Athletes:

Student athletes who will miss class due to team travel must make arrangements with Dr. Habashi through Canvas **at least 10 days prior to the date of travel**. Written notification from USU regarding team travel is required before any accommodations will be considered.

Course Conflicts:

Students with a course conflict due to a University-sponsored event or another USU course must contact Dr. Habashi through the Canvas inbox **at least 10 days prior to the date of the conflict** to request accommodations; otherwise, no accommodations will be considered. Documentation will be required before any accommodations will be considered.

Honor Code Policy:

As stated in The Student Code, "Each student has the right and duty to pursue his or her academic experience free of dishonesty. The Honor System is designed to reinforce the higher level of conduct expected and required of all Utah State University students." Upon admission to the university, you agreed to abide by this Honor Code by signing the Honor Pledge, which reads: "I pledge, on my honor, to conduct myself with the foremost level of academic integrity." **Complete academic honesty is expected in this course.** Cheating on exams or plagiarism on written assignments will result in a failing grade and may result in further action according to University policy.

Accommodation for Disabilities:

Students with ADA-documented physical, sensory, emotional or medical impairments may be eligible for reasonable accommodations. Veterans may also be eligible for services. Brigham City/BATC students should contact Jill Rasmussen, Director of Students, Room D102, (435) 919-1246. At other USU campuses, contact your advisor. All accommodations are coordinated through the Disability Resource Center (DRC) in Room 101 of the University Inn on the Logan Campus, (435)797-2444 voice, (435)797-0740 TTY, or toll free at 1-800-259-2966. Please contact the DRC as early in the semester as possible to ensure that your request can be considered. Alternate format materials (Braille, large print, or digital) are available with advance notice.

Grievance Process:

Students who feel they have been unfairly treated...may file a grievance through the channels and procedures described in the Student Code: <http://www.usu.edu/student-services/pdf/StudentCode.pdf#page=3> (Article VII. Grievances, pp. 27-36).

Course communications:

Email is an official form of communication at USU. Any communication to you about this course will be sent to the email address you have listed in Canvas as your preferred address. You are responsible for any information conveyed to you at that email address.

To ensure that Canvas is using the email account you prefer, do the following:

- Log in to Canvas and click on the link "Profile" at the top right of the page.
- Click on "Notifications" at the left side of the screen.
- Verify your email address.
- You may also opt to receive course notifications via text on your cell phone. Click the downward

arrowhead to the right of "Email me at" on the "Notifications Preferences" page to bring up the option "Text my Cell at."

It is your responsibility to check your Canvas account at least once a day so that you do not miss out on announcements or emails to the class. All questions regarding academic progress or grades must be sent via Canvas.

To log in to Canvas, go to: canvas.usu.edu (no "www"). Your username is your Banner username (your "A" number) and your password is your BANNER password. PUBH 3120 should appear under the heading "Courses."

- **For help with Canvas**, contact the IT service desk: **435-797-HELP (4357)** or 1-877-878-8325.

Diversity Statement:

Regardless of intent, careless or ill-informed remarks can be offensive and hurtful to others and detract from the learning climate. If you feel uncomfortable in a classroom due to offensive language or actions by an instructor or student(s) regarding ethnicity, gender, or sexual orientation, contact one of the following: at USU Brigham City, contact Jill Rasmussen, Room D102, (435) 919-1246; at other regional campuses, contact your advisor, or; Moises Diaz, Director of Multicultural Student Services (435) 797-1733, moises.diaz@usu.edu; James Morales, Vice President of Student Services (435) 797-1712, james.morales@usu.edu; Ann Austin, Vice Provost for Faculty Development and Diversity, ann.austin@usu.edu; Maure Smith, GLBTA Services, maure.smith@usu.edu; Steven Russell, Student Advocate (435) 797-1720, s.r.@aggiemail.usu.edu. You can learn about your student rights by visiting: www.usu.edu/student-services/studentcode.

Anticipated Weekly Schedule

Week	Date	Topic	Chapter
1	1/10	Course Intro/ Health Definitions and Perspectives	1
1	1/12	Course Intro/ Health Definitions and Perspectives	1
2	1/17	History and Development of Public Health	1
2	1/19	Organization of Public Health at World/Federal/State/Local/Volunteer Levels I	1
3	1/24	Organization of Public Health at World/Federal/State/Local/Volunteer Levels II	1
3	1/26	Organization of Public Health at World/Federal/State/Local/Volunteer Levels III	1
4	1/31	Organization of Public Health at the State/Local Levels (<i>Guest speaker</i>)	1
4	2/2	Epidemiology and Public Health Data I	2
5	2/7	Epidemiology and Public Health Data II	2
5	2/9	Health Status Measures	2
6	2/14	**LECTURE EXAM 1** during testing center open hours	
6	2/16	Prevention of Infectious Disease	2
7	2/21	☺ No Class: Go to your Monday classes instead!	
7	2/23	Prevention of Non-Communicable Disease	2
8	2/28	Community Health Planning and Programming/Performance Measurement/Management	3
8	3/2	School Health Programs	4
9	3/7	☺ No Class: Spring break	
9	3/9	☺ No Class: Spring break	

10	3/14	Maternal and Child Health	5
10	3/16	Adolescents/Youth/Adults; Chronic Disease Prevention	6
11	3/21	Elderly	7
11	3/23	Minorities	8
12	3/28	The Obesity Epidemic I	
12	3/30	**LECTURE EXAM 2** during testing center open hours	
13	4/4	The Obesity Epidemic II	
13	4/6	Mental Health	9
14	4/11	Progress and Next Steps in Reducing Tobacco Use	10
14	4/13	A Public Health Approach to Alcohol and Other Drug Problems	10
15	4/18	Health Care Delivery: Public Health Workforce I	11
15	4/20	Health Care Delivery: Public Health Workforce II	11
16	4/25	Environmental Health in Public Health	12
16	4/27	Injury Control	13
17	5/1 and 5/2	**COMPREHENSIVE FINAL EXAM** during testing center open hours	